

NPAP Supervision Requirements¹

Clinical Experience under Supervision is one third of the tri-partite psychoanalytic training model that informs NPAP's course of training. This model requires that candidates remain in consistent weekly supervision from the beginning of their clinical experience after passing either the Readiness for Clinical Practice (RCP) or Matriculation evaluation until completion of and graduation from the program. The supervision component of clinical experience in training is reported by candidates to be a major source of their development as psychoanalysts.

Here are the supervision requirements for all NPAP candidates.

- All candidates must work with a minimum of three different supervisors during their training.
- Each supervisor must be an NPAP Training Member. Supervisors who are not members of NPAP's Training Institute ("Training Members") do not qualify.
- Each supervision must last for a minimum of 50 supervision sessions.²
- All candidates must remain in weekly supervision with each supervisor while that supervision is underway.
- All candidates must complete a minimum of 150 supervision hours prior to applying for the Readiness for Control (RFC) evaluation.
- All candidates must complete a total minimum of 300 supervision hours prior to applying to sit for Final Case.
- All candidates, following RFC, must complete two control supervisions with 3-time-(or more)-per-week patients, one lasting a minimum of 50 hours of weekly supervision and one lasting a minimum of 100 hours of weekly supervision, each with a different supervisor. These control analyses are not required to be conducted concurrently, though they may be. To continue supervision with all patients until graduation, including those who are not control cases, one of the control supervisors may also supervise the candidate's remaining caseload. Alternatively, a separate supervisor may be engaged.
- As of writing this guideline, there is no determination as to whether supervision must occur in person or virtually.

There are some additional supervision requirements specific to each of the two license qualifying training tracks at NPAP:

For candidates in the track preparing for the License in Psychoanalysis (LPQ):

- The 150 supervision hours prior to RFC must consist of one 50-hour supervision with one supervisor on one case³, plus one 100-hour supervision by one other supervisor on one or more cases.
- During the time of the 50-hour supervision on one case, the candidate must have a second weekly supervisor, *concurrently*, who supervises the remainder of the candidate's cases.

For candidates in the track preparing for the License in Clinical Social Work (LCSW) (LCQ):

- LMSW candidates must be in supervision with an LCSW, licensed psychologist, or psychiatrist who is an NPAP Training Member.

¹ Complete details of supervision requirements can be found in the CE&S Training Manual, currently under revision.

² Under extenuating circumstances, a supervision with one supervisor may be terminated prior to the completion of 50 supervision sessions, after approval of an exception by the Candidate Progress Committee.

³ This 50-hour supervision is not a control case.